

Executive Committee Updates



Welcome to the June monthly newsletter! We hope you'll follow our monthly updates to learn more about what RTAM is doing for its members, special events and workshops.

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Meet the New RTAM Board of Directors!

Thank you everyone who volunteered to serve on our Board of Directors for 2024 through 2026. With the 2024 RTAM AGM, we were able to return 4 Directors from last year and welcome 4 new Directors who are starting the first year of two year terms.

Returning for 2024-2025

President - Gabe Mercier (president@rtam.mb.ca)

Secretary - Jayesh Maniar (jmaniar@rtam.mb.ca)

Director - Betty-Jean Checkley (bjcheckley@rtam.mb.ca)

Director - Peter Narth (pnarth@rtam.mb.ca)

New for 2024-2026

Director - Audrey Siemens (asiemens@rtam.mb.ca)

Director - Marilyn Wiebe (mwiebe@rtam.mb.ca)

Director - Vickey Hutchinson (vhutchinson@rtam.mb.ca)

Director - Jocelyne Fraser (jfraser@rtam.mb.ca)



New RTAM Bylaws... Coming soon!

Thanks to our quorum, members and lively debate at our 2024 RTAM AGM, we were able to update our organizational bylaws.

The edits are being processed at our June Board meeting and will be shared online and in the e-news for July 1st, 2024.

[Form](#)



Are you experiencing ringing or buzzing in the ears?

#DidYouKnow tinnitus affects millions worldwide, with 1 in 7 adults experiencing some form of it?

Despite being referred to as ‘ringing in the ears’ tinnitus can manifest as buzzing, hissing, or even clicking sounds, impacting daily life and mental well-being. Don't suffer in silence! Reach out to us for support and solutions to manage tinnitus effectively.

Together, we can quiet the noise and restore peace to your world.

RTAM Members and family can take advantage of exclusive benefits at HearingLife and Network Partner locations, including an EXTRA 10% off the final purchase price of hearing aids. Call 1-844-688-5443 or visit **HearingLifeAdvantage.ca** to book your free appointment today.

Source: <https://www.medscape.com/viewarticle/979367?form=fpf>



RTAM Events: June 2024

- **Sleep 101** - June 12th
- **Money and You (planning end of life)** - June 19th
- **Money and You (youth mentorship)** - June 26th

RTAM
Events

Please note that RTAM closes it's weekly seminar program during the summer months (July and August).

We will return with new programming from September through June 2025 at the end of the summer. We hope everyone enjoys the sunshine and time with family and friends.



Manitoba 55+ Games: Play, Watch or Volunteer!

At Active Aging in Manitoba, we're proud to host the largest multi-sport event in Manitoba for those 55+. This multi-sport event combines social activity, entertainment, and exercise.

The Games are a fun and enriching experience for spectators, volunteers, and participants. Over three days, we host dozens of events, from pickleball to arts and crafts.

[Read More](#)



Trip Merchant and RTAM: Long Term Stay in Portugal 2025

Travel with Trip Merchant and RTAM Director, Jayesh Maniar who will be the vacation and trip host!

RTAM Exclusive – Long Stay in Sunny Portugal April 6-May 2, 2025

Join other RTAM members on this long stay vacation in Portugal! Immerse yourself into the Portuguese culture and enjoy a warmer climate with sunny skies, especially in the month of April. Meet new friends and make great memories in beautiful Albufeira, located in the heart of the Algarve region of Portugal. Family and friends are welcome to join.

This trip starts in Lisbon for 1 night before transferring down to the Algarve and staying for 22 nights at the Cerro Mar Hotel to rest and relax in Albufeira. This hotel is very nicely located right above the Old Town of Albufeira with panoramic views. Albufeira is it a great location and the perfect gateway to explore the Algarve region! After your 22 nights in the Algarve, return back to Lisbon for 2 final nights to discover this historic capital city, prior to returning home or travelling elsewhere. An optional pre-tour extension to Porto for 4 nights will be available.

Want to be added to the interest/priority list for when all the information is available? Email Trip Merchant at info@tripmerchant.com with your name, email address and contact phone number. Also, be sure to sign up to the RTAM/Trip Merchant travel newsletter, by signing into the RTAM/Trip Merchant travel site (or you can simply ask Trip Merchant to add you).

[Register Now](#)



Registration 2024 RTAM Golf Tournament

Last year's event was a resounding success and we're looking to build and even bigger and better event in 2024!

We return to the host course Quarry Oaks on Friday August 30th.

Registration will open next month (May) and guests should anticipate all the events from last year plus:

- Chance to win a car with a hole in one (Ford Bronco Sport)!
- Chance to win \$1000 cash with a hole in one!
- Guest photo booth, capture the memories!
- More contests and giveaways!
- Lunch, dinner, cart, 18 holes and unlimited laughs are part of your registration!!!

REGISTER NOW: **2024 RTAM Golf Tournament: Sponsored by Johnson Insurance-Sports Event**



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