



Executive Committee Report

It may be chilly outside, but warmer days are ahead. Keeping a warm outlook, our President shares updates on behalf of the Executive Committee and Board of Directors.

[Read More](#)



AGM Updates

The RTAM Board of Directors are happy to share updates to our budget, budget report, auditors report and minutes from our most recent AGM!

[Read More](#)



In Memoriam Notifications - Update to the RTAM Service

In Memoriam Updates

To respect the privacy of RTAM members, who can no longer provide their consent to the RTAM office, moving forward the In Memoriam will no longer be listed quarterly in KIT. Family members who wish to provide consent for their loved one's name to appear in the In Memoriam section of KIT can contact the RTAM office by email info@rtam.mb.ca or complete the online form linked below, which is also available on the RTAM website.

Only RTAM members will be listed.

<https://members.rtam.mb.ca/ap/Form/Fill/p9ENvf1p>

Trivia Afternoon!



Information on Trivia Afternoon with Board Member, Betty-Jean Checkley.

Register

Have a fun afternoon socializing with other members, during a trivia afternoon created by one of our RTAM members.

Please log in to the RTAM website through the new member portal to register for this event.

<https://members.rtam.mb.ca/ap/Events/Register/8EFWK17fOCRC7>



RTAM Events

Here is a great seminar RTAM is presenting in February. Check the calendar for more upcoming seminars and events!

- February 12th - Active Aging in Manitoba
<https://members.rtam.mb.ca/ap/Events/Register/9eFD0B4fWC9Cx>

Active Aging in Manitoba (AAiM) supports adults active in their communities. Learn how to volunteer with AAiM, the Manitoba 2025 55+ games in Steinbach and the 2026 Canada 55+ games being hosted in Manitoba.

Learn more about this organization and how you can volunteer for these great upcoming events!

A minimum of 10 participants is required for this event to proceed. Please log in to the RTAM website through the new member portal to register for this program!

Experience Festival du Voyageur with RTAM! Déjeuner aux crêpes avec le Festival du Voyageur !



RTAM is partnering with local leader, Henri Dupuis and the *Relais des Pionniers* to bring our members a Festival du Voyageur EXPERIENCE at the *Relais des Pionniers Trading Post*!

- Where: Paroisse-Saint-Martyrs-Canadiens (Parish of Saint-Martyrs Canadiens), 289 Dussault Avenue, Winnipeg
- When: Wednesday, February 19, 2025 8:30am to 10:00am
- What: Pancake, Sausage and eggs Breakfast, Melted Maple Sugar,

Fiddle and Violin Music, Singing and more!

- Cost: **\$20 per member, \$23.00 per spouse/partner**
- Registration: Pre-registration is required
<https://members.rtam.mb.ca/ap/Events/Register/AnFkgnNFVCdCN>
- Deadline to register: Tuesday, February 12, 2025 at 8:00am

Le RTAM s'associe au leader local Henri Dupuis pour offrir à nos membres une EXPÉRIENCE Festival du Voyageur !

- Où : Paroisse Saint-Martyrs Canadiens (Paroisse des Saint-Martyrs Canadiens), 289, avenue Dussault, Winnipeg
- Quand : Mercredi 19 février 2025 de 8h30 à 10h
- Quoi : Petit-déjeuner aux crêpes et aux saucisses, sucre d'érable fondu, musique de violon, chant, et plus encore !
- Coût : **20 \$ par membre, 23 \$ par conjoint(e)/partenaire**
- Inscriptions : Préinscription requise

<https://members.rtam.mb.ca/ap/Events/Register/AnFkgnNFVCdCN>

Date limite d'inscription : mardi, 12 février 2025 de 8h00



Calgary & Area Chapter - Upcoming Event!

The Calgary & Area Chapter of RTAM is proud to host a member service event on Thursday March 13, 2025 @ 11:30 MST.

It will be held at Scotsman's Well, 12024 Symons Valley Rd NW, Calgary, AB.

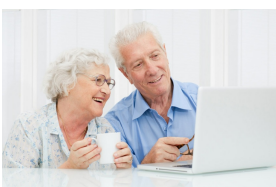
A speaker from Calgary police Service will speak on 'Scams'. Interested members can RSVP Penny at literacyplus@shaw.ca or by calling Jan at (403) 909-7402.



RTAM Choir

The RTAM choir winter/spring season is well underway. If you are interested in joining, please contact the RTAM office at 204-889-3660 or by email to info@rtam.mb.ca for more information.

The choir is open to all RTAM members who enjoy singing and socializing. Male voices are always needed. To learn more about the choir's activities visit the following link
<https://rtam.mb.ca/en/news-and-events/news/view/30/the-heartwarming-harmony-of-the-rtam-choir-a-celebration-of-song-community-and-engagement/>



RTAM Launches 2024-2025 Substitute Teacher Concerns Committee Survey

The Retired Teachers' Association of Manitoba (RTAM)

is excited to announce the launch of its newest initiative—the RTAM Substitute Teacher Concerns Committee Survey for 2024-2025. This comprehensive survey, developed by the Substitute Teacher Concerns Committee, aims to gather valuable insights from substitute teachers who are members of RTAM. The information collected will help RTAM better understand the current challenges faced by substitute educators, providing an opportunity to advocate for meaningful change in the work environment and conditions for retirees who continue to work as substitutes.

More of this story and the survey link can be found here: [RTAM Launches 2024-2025 Substitute Teacher Concerns Committee Survey - Retired Teachers' Association of Manitoba](#)

Our Health

Monthly Health News Curated by the RTAM Board

This newsletter does not provide any medical advice. Any health-related information is provided for informational purposes only and not to be used for any diagnostic or treatment. Do not attempt self-diagnosis or treatment based on anything read in this newsletter. Always seek the advice of medical professionals or health care providers regarding a medical condition, diagnosis, or treatment.



This is “**Aging Forward**,” a podcast from Mayo Clinic about geriatric medicine and the science of healthy aging. Each episode, we explore new ways to take care of ourselves, our loved ones, and our community so we can all live longer and better.

I’m Dr. Christina Chen, a geriatrician and internist at Mayo Clinic in Rochester, Minnesota. In this episode we’re talking about making Golden connections. Or dealing with loneliness as we age. Our guest this episode is Kileen Smyth, a clinical social worker at Mayo Clinic in Rochester, Minnesota. Welcome to the show, Kileen.

MONEY AND YOU
SENIORS EDITION

CREE - Money and You Newsletter

This month, our partners and friends with Money and You help deliver stories and article on:

**The Top 10 Health Trends in 2024
Jimmy Carter, what we can learn from his hospice care..**

*** AND MORE**

CFFEE Launching Student Event at Red River College in Manitoba 2025

“**Summer Side Hustle**” is designed to give grade 9 students an opportunity to test the waters of entrepreneurship through a “gamified” competition, we would like RTAM Volunteers to help us deliver a successful program.

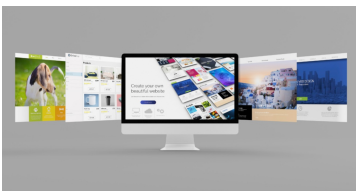
For volunteers, they can email the organizer of the competition, Justin Pasosky jpasosky@RRC.CA, and cc cizatt@cfee.org, to get them added to the volunteer roster. There will be a number of volunteer positions available across the 5 activities that are part of the Applied Commerce Education High School Competition.

The main tasks would be supervising students as they complete the tasks, aiding in the implementation of the different competition activities, judging submissions, and assisting teachers in the lounge.

The actual “hours” of the competition take place during school hours on **Wednesday, April 16th, 2024.**

Please email to register as a volunteer or [download the flyer to learn more here!](#)

[Click Here for the CFFEE Newsletter](#)



RTAM Website: Member Portal - Your New User Profile

RTAM launched a new website and through it a member profile unique to each of our members. This will be the hub where you register for events and programs, update your contact information and get updates and access member benefits moving forward. To learn about creating your profile, please visit the RTAM website through the link below!

[Read More](#)



New Travel Portal with Member Incentives!

We're excited to announce the launch of the new travel website platform with *Trip Merchant*, designed exclusively for *RTAM* members.

Trip Merchant has secured special membership savings, offering up to 50% off on travel experiences. Trip Merchant partners with a

wide range of suppliers to cater to diverse travel styles, including Ocean Cruises, River Cruises, Guided Tours, Adventure & Active Travel, African Safaris, Solo Travel, Long Stay Vacations, and others.

Register for the new Trip Merchant website here: <https://tripmerchant.com/register>

Under Organization Code: Use 482a (this one-time organization code ensures you're accessing the RTAM/Trip Merchant Travel Site at no cost).

If you have already done this, you can simply access the site by clicking here **(Trip Merchant | Log In)** and entering your email address and the unique password you created for access. For more information, visit MROO's site: **Trip Merchant - Retired Teachers' Association of Manitoba**



The advertisement features a photograph of an elderly couple in a warm, indoor setting. The woman is holding a smartphone, and the man is looking at it. A blue ear icon is overlaid on the man's ear. In the top left corner, there is a logo for HearingLife and a 'Trusted Partner of RTAM' logo. The RTAM logo includes the text 'RETIRED TEACHERS' ASSOCIATION OF MANITOBA'. The main text on the left reads 'Healthy hearing helps you stay connected to your loved ones.' In the bottom right, a red circle contains the text 'RTAM Members & Family receive exclusive benefits at HearingLife'. A circular inset shows a white hearing aid device.

HearingLife | Trusted Partner of **RTAM**
RETIRED TEACHERS' ASSOCIATION OF MANITOBA

Healthy hearing helps you stay connected to your loved ones.

RTAM Members & Family receive exclusive benefits at HearingLife

Call 1-888-642-0397 to book your free hearing test.





Try email marketing for free today!