



Retired Teachers' Association of Manitoba (RTAM)

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Wellness Advocacy Committee AGM Report

Committee members

Jayesh Maniar	Winnipeg
Peggy Prendergast	Winnipeg
Gabe Mercier	Ochre River

The Wellness Advocacy Committee had a very successful year.

- The committee members worked cooperatively with the RTAM office in the delivery of workshops and seminars, by providing the RTAM Office with ideas on workshops/seminars they felt were of interest to members. The RTAM office also conducted its own research on the needs of members of the association. The office has been using the internet and social media very effectively to market the workshops, seminar, and other activities.
- In the coming year the committee will be working on clarifying policy and procedures for the board to consider on grant applications and review the workshop evaluation form.
- Members of the committee helped in finding presenters.
- A member conducted research and provided article to KIT on the golf tournament.
- The committee evaluated the workshops presented to members and provide suggestions for improvements.
- Committee evaluated and approved grant funding applications on wellness activities from regional Chapter groups.
- The committee reported to the board on wellness issues, workshops/seminars, and strategies to improve the wellness of RTAM members.

Respectfully submitted by Gabe Mercier, Committee Chair